

Table 1

DIAGNOSES PATIENTS SEEN AUTUMN 2009

CONDITION	NEPALI (LOCAL)	NEPALI (PORTER)	NEPALI (GUIDE)	NEPALI (OTHER)	TOTAL NEPAL	TREKKERS	TOTALNo/%
AMS	0	3	1	0	4	30	34(17.9)
HAPE	0	0	1	0	1	7	8(4.2)
HACE	0	0	0	0	0	3	3(1.6)
INSOMNIA	0	1	0	0	1	9	10(5.3)
GASTROINTESTINAL	8	9	0	1	18	31	49(25.8)
URTI/LRTI/ENT	8	8	4	1	20	14	35(18.4)
TRAUMA/MMSKELETAL	10	4	1	0	15	8	23(12.1)
GENITOURINARY	1	1	0	0	2	0	2(1.1)
PUO	0	0	0	0	0	2	2(1.1)
DERMATOLOGICAL	1	1	0	0	2	1	3(1.6)
DENTAL	2	0	0	0	2	1	3(1.6)
PSYCHIATRIC	0	1	0	0	1	0	1(0.5)
DECEASED	0	0	1	0	1	0	1(0.5)
OTHER/Misc	3	7	0	0	10	6	16(8.4)
TOTAL	33	36	8	2	78	112	190

Notes: Total adds up to more than total patients seen as some had >1 diagnosis

Trauma/musculoskeletal includes both acute and non-acute

Insomnia, all altitude related/periodic breathing and in absence of other AMS symptoms

Gastrointestinal includes all diarrhoea & nausea/vomiting and dyspepsia/indigestion/reflux.